



Cannabis Resource Links

Teacher Learning

- **Colorado Marijuana**
Be Educated. Be Responsible. Colorado state website provides resources and tips regarding talking to youth about cannabis.
<https://www.colorado.gov/pacific/marijuana>
- **Responsibility Grows Here**
Youth are less likely to use marijuana when they have supportive adults and parents in their lives, which is why it's so important to talk with them about marijuana.
<http://responsibilitygrowshere.com/talking-with-youth>
- **Talk About Cannabis Tool Kit**
Cannabis in Canada: Get the Facts. Government of Canada generated website to find information, resources and facts to support your conversations about cannabis.
<https://www.canada.ca/en/health-canada/services/drugs-medication/cannabis/resources.html>
- **Discussing Youth Cannabis Use in Your Community**
Canadian Centre on Substance Use and Addiction web resource for communities including video, a discussion guide and the Centre's 2015 report, *The Effects of Youth Cannabis Use during Adolescence*.
<http://www.ccdus.ca/Eng/topics/Marijuana/Discussing-Youth-Cannabis-Use-in-Your-Community/Pages/default.aspx> *
- **Marijuana addiction is real, and teenage users are most at risk**
In the rush to legalize marijuana in Canada, medical experts are warning about weed's alarming side, particularly for younger users
<https://www.macleans.ca/society/health/marijuana-addiction-and-the-teenage-brain/>
- **Pot legalization: What will it mean for schools?**
Codes of conduct ensure there's no need to fear a generation of stoned students, educators say
<http://www.cbc.ca/news/canada/what-will-legal-marijuana-pot-mean-for-schools-1.4044583>
- **Now it's OK? How parents can explain and educate kids on legal pot**
Legalization provides opportunity for parents to make sure kids are equipped to make good choices, experts say
<http://www.cbc.ca/news/canada/manitoba/legalization-marijuana-pot-education-kids-1.4392893>
- **The Effects of Youth Cannabis Use on the Developing Brain – Myth Busting**
Panel discussion about the myths youth hold about marijuana outlining what we know, what is still not known, and the emerging research evidence around cannabis use and the developing brain.
<https://www.youtube.com/watch?v=R50LZQhNxqs>
- **Effects of Marijuana Use on Developing Adolescents**
Dr. Kari Franson from the University of Colorado's Skaggs School of Pharmacy and Pharmaceutical Sciences shares information on the long-term negative outcomes marijuana use has on developing adolescents.
<https://www.youtube.com/watch?v=nepWLG7RF34>*
- **Youth and Cannabis Legalization: Considerations for Public Health and Prevention**
Rebecca Haines-Saah provides an overview of the research on youth cannabis use and unpacks the frequently cited concerns about what the impact of legalizing cannabis in Canada will be for youth.
https://www.youtube.com/watch?v=eHimNo0FnPY&t=33s&index=1&list=PLhwO2PjX7LDfQlcZn2mG_ERKjLFLbi2RX



Student Learning

- **Cannabis in the Classroom**

A series of brief lessons suitable for students, parents, or anyone who is curious. Each 'lesson' covers a new cannabis-related topic, providing an introduction and activities to help better understand the world of weed.

<https://cannabissupport.com.au/workplace-and-clinical-resources/teachers/>

- **Weed Myths**

Weed is harmless? Maybe it's not just a bad trip. Smoking marijuana leads to some changes in the brain similar to those caused by cocaine, heroin and alcohol. Here are a few more facts.

<http://weedmyths.ca/>

- **Responsibility Grows Here**

The decisions you make can help you get closer to the moments that matter most to you. That's why it's important to understand how using marijuana before you're 21 can get in the way.

<http://responsibilitygrowshere.com/yourmoment>

- **Marijuana and the Teenage Brain**

This program informs students about the latest research on the effects of marijuana on the brain.

<https://www.hrmvideo.com/catalog/marijuana-and-the-teenage-brain>

- **Effects of Cannabis on the Teenage Brain**

A short animated video about the effects of cannabis on the brain. Brain development, adolescence and short and long-term effects of cannabis/weed/pot are explained in simple language.

<https://www.youtube.com/watch?v=FvszaF4vcNY>

- **Here to Help**

HeretoHelp is a project of the BC Partners for Mental Health and Addictions Information. Link leads to cannabis related Self-help resources, as well as articles and guides for parents and educators.

<http://www.heretohelp.bc.ca/self-help-resources/your-results?alcohol-drugs-resources=cannabis>

- **Cycles**

Cycles is a film-based resource produced by the Canadian Institute for Substance Use Research (University of Victoria) that encourages teens to talk openly and honestly about why some young people use cannabis – offered in both English French and French.

<https://www.uvic.ca/research/centres/cisur/publications/helping-schools/cycles/index.php>

Cycles Teacher Guide:

English: <https://www.uvic.ca/research/centres/cisur/assets/docs/cycles-guide.pdf>

French: <https://www.uvic.ca/research/centres/cisur/assets/docs/cycles-guide-french.pdf>

Cycles Videos:

English (interactive): <https://vimeo.com/76496444/b90078f297>

English (uninterrupted): <https://vimeo.com/275288448/5e9020e26e>

French: <https://vimeo.com/113140650/2b535b1852>